



Who are we?

AJS Association is a professional non-profit organisation with more than 10 years' experience working with young people from all over Europe. Our aims are: to promote active citizenship among young people, to develop critical and creative ways of thinking about our environment, to encourage a sense of initiative and entrepreneurship and to facilitate communication in foreign languages within an intercultural context. Through these aims we contribute to the development of rural communities.

Where are we?

In the beautiful mountain town of Arenas de San Pedro, situated in the Tietar Valley in central Spain.



Spain



Ávila

Arenas de San Pedro



Is this camp a suitable activity for my students?

If your curriculum includes Spanish or English and you are looking for an experiential learning approach, this is an ideal activity for the young people you work with. The Academy is characterised by its innovative combination of practical workshops and classes in Spanish or English (depending on your preferred language).

Language workshops will be given by our foreign language teachers, who will help students with the vocabulary they need for the afternoon sessions.

The programme includes options for additional recreational and cultural activities, for example: sightseeing trips to nearby cities, hiking, visits to Adventure Parks, swimming in natural river pools and canoeing. These activities will vary according to your preferences and the season.

We speak the following languages:

Spanish German
Portuguese French
Polish English
Dutch

What makes our staff different?

Our members of staff are not just experienced, they are qualified and fully trained.

They are recruited because they demonstrate the **AJS** drive, and energy, passion and commitment to young people's development. All of our trainers have experience in Educational Camps abroad.

Target group:

Young people eager to improve their Spanish through a combination of personal development & social education.

Age:

from 12 years

Size group:

Up to 28 + 2 teacher

What about accommodation, board and lodging?

Both students and teachers will be accommodated with local families in single or double rooms.

Board includes three meals per activity day. Dinner on the first day and breakfast on the last one are also included in the price. If requested, special diets (vegetarian, halal, vegan...) can be provided.

The non-formal approach.

All programmes are based on the principles of non-formal education

-The trainer takes a learner-centred approach providing support and motivating the learner to learn.

-Activities are designed to develop a young person's skills, which include abilities, knowledge and attitudes.

-The responsibility for learning is shared between the participants and the trainer/s, respecting the experience and perspective of everyone taking part, encouraging active participation and a willingness to share knowledge.

-Flexibility, allowing the trainer to adapt the lesson to respond to participants aptitudes and understanding.



You Choose a camp, We do it!

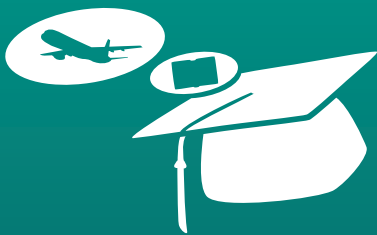
Eco Academy



What can I do?
"What difference can one person make?"
These are common questions, especially for young people worried about the situation facing our planet.

PAGES. 4-5

Youth Initiatives Academy



Young people today urgently need the social skills, self-esteem and courage to realise their dreams and ideas.

Developing a capacity to imagine alternative futures can motivate them to take on something new and help them to make their dreams come true.

Without these qualities, this is unlikely to happen.

PAGES. 6-7

Young Entrepreneurs Academy

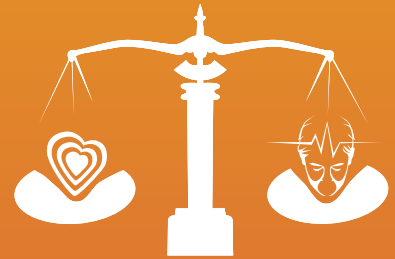


AJS, along with partners from England, Slovakia and Turkey, has developed an original programme teaching entrepreneurship to young people, based on the concept of the "Economy for the Common Good", which promotes a socially conscious and sustainable approach to business.

As an organisation with over 10 years of experience in youth work, we have seen an increasing number of young people coming to the end of their formal education without the skills they need to face the challenges of the job market. In order to respond to the current and future needs and challenges of our society we need young people who are creative, motivated, innovative and effective at decision making.

PAGES. 8-10

Human Rights and Social Justice Academy



Human rights guarantee every human being, without distinction, dignity, freedom, equality, justice and peace regardless of their race, colour, sex, language, religion, political views, national or social

origin, property or other status.

According to the United Nations, Human Rights:

"Ensure that a human being will be able to fully develop and use human qualities such as intelligence, talent and conscience, and satisfy his or her spiritual and other needs."

PAGES. 11-12



You Choose a Camp, We do it!

No Hate Speech Academy



The migration crisis and radicalisation of young people has led to an increase in so-called hate speech, feeding prejudice and negative stereotypes. The wide use of Internet, where people can comment anonymously, avoiding responsibility for our opinions only makes the situation worse.

PAGES. 13-14

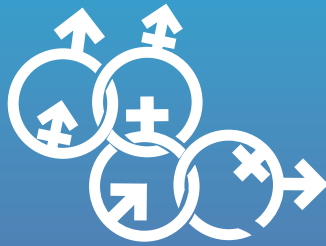
Cultural Diversity Academy



Our daily lives are increasingly affected by globalisation. Knowing how to communicate within a diverse cultural environment and learning how to deal with cultural differences have become indispensable skills.

PAGES. 15-16

Gender Equality Academy



Many of us learned, in high school biology, that sex chromosomes determine a baby's sex. Full stop. XX means a girl, XY means a boy. But XX and XY don't tell the whole story...

Gender is an issue all over the world. How do we react to people who are different from us in ways society considers unique and fixed? How do we live in a society that ostensibly tolerates sexual diversity but does not wholly embrace it? How do we respond to definitions of gender that go beyond a binary understanding?

Young people will gain an understanding of gender from a scientific, social and emotional perspective. They will be given space to reflect on gender social construction, the understanding of gender in different countries and their own personal beliefs and opinions.

PAGES. 17-18



EXPRESSarte Academy



Many young people are nervous about signing up for language camps, because they feel they need a minimum level of proficiency to take part. As a result, those who could benefit most from participation are often the most likely to self-exclude. Young people will gain new and/or improved Knowledge and skills.

Knowledge:

- Basic information about the Greek artistic muses.
- Understanding different artforms:

Painting
Writing
Dance
Music
Theatre
Body painting
Singing.

PAGES. 19-20

Price list - PAGE. 21



Asociación AJS

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Eco Academy

You can make a difference

Duration: 7 days

Recommended language level: A1 and above

Context:

What can I do? "What difference can one person make?". These are common questions, especially for young people worried about the situation facing our planet. They may wish to take action, but often they're convinced they can't do anything or that their actions will be counterproductive. It's not easy to know what to do in order to make a difference. A lack of information or, in some cases, information overload, limits our capacity to act.

Often we feel isolated and think there this little point, for example, in sorting our recycling, especially if our neighbours don't do it ("What's the point, if I'm the only one taking action"). Through this programme we aim to show how everyone's actions are important and that there are many people who care about the environment and act accordingly. We want young people to feel part of an ecological movement and encourage them to become Eco Ambassadors in their local communities.

Aims and activities:

Through theoretical and practical workshop, participants will reflect on the values of nature and learn to take care of it, using this knowledge to create a list of pragmatic actions that can make a positive change and help save the planet. Each day will begin with a language workshop, focusing on vocabulary related to themes that will be explored in the afternoon sessions.

Participants will first reflect on their daily lives and discuss how they can change their behaviour to make their actions more eco-friendly. The group will then reflect on local and global environmental issues and add more daily actions which will help address current problems. Through practical sessions the group will learn how to upcycle different objects and learn how to make a homemade orange candles, paint, plasticine and soap; as well as learning how to purify water and generate energy. The camp will also include recreational and cultural activities, for example sightseeing trips to surrounding cities, hiking, visits to Adventure Parks, swimming and canoeing.

Outcomes:

Young people will become more aware of environmental problems and their ecological footprint. They will develop a strong commitment to solving environmental problems and specific tools to promote sustainability.

Eco Academy

Young people will gain new and/or improved knowledge and skills:

Knowledge

- Increased knowledge of sustainability.
- More awareness about how to live a healthier and greener life.
- An understanding of how we can provide solutions and change our society, even if they are just small changes at a local level or between family and friends.
- Increased knowledge of renewable energy, water purification, etc.
- More insight into valid sources of information.
- More awareness of the role young people play in the promotion of sustainable living.

Skills

- Teamwork.
- Improved public speaking.
- Improved problem-solving skills.
- Greater creativity.
- Ability to identify everyday actions that will help protect the environment.
- Improved communication skills in a foreign language.

Attitudes

- Improved self-esteem
- Greater sense of responsibility for the environment.
- Greater tolerance towards alternative lifestyles.
- More active and willing to implement their own ideas.
- Belief in oneself and one's own abilities.
- Perseverance and resilience.

Schedule:

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Arrival	Linguistic workshop & Sustainability in our daily life	Linguistic workshop & Environmental master classes	Linguistic workshop & DIY workshop Part.1	Linguistic workshop & Outdoor activity	Linguistic workshop & Our solutions	Departure
	LUNCH!	LUNCH!	LUNCH!	LUNCH!	LUNCH!	
	Presentation of the program	"The tree of life" activity	Cultural trip	DIY workshop Part.2	Eco-Experiments	
					Evaluation of the camp & Graduation ceremony	



Youth Initiatives Academy

Empower your youth

Duration: 7 days.

Recommended language level: A2 and above.

Background:

Young people today urgently need the social skills, self-esteem and courage to realise their dreams and ideas. Developing a capacity to imagine alternative futures can motivate them to take on something new and enable them to make their dreams come true. Without these qualities, it is unlikely they will develop their full potential.

We believe young people have an important role in society. They see and understand more than most adults imagination. They have their own opinions, are creative, energetic and can contribute to any cause if only given a chance to do so. Unfortunately, they are being actively discouraged from engagement and denied their voice and their place in society. They are often stereotyped as lazy, rebellious or naive. We want to give them confidence in their opinions, so they can become active citizens and make a difference in their local communities and beyond.

Aims and activities:

Each of the activities in this programme has the aim of strengthening young people's capacity to realise their dreams and ideas. Over the course of the week we will explore young people's active participation in society and the development of the key knowledge and skills set for them to reach their goals. The activities combine educational sessions, creative and reflective sessions, case studies, group and individual tasks, debates and videos.

Sessions are designed to build capacities over the course of the week:

- Defining the dream or goal.
- Comparison of personal and shared dreams.
- Project development methodologies.
- Working within groups to create and implement a mini-idea/mini- workshop.
- Evaluation.
- Ideas and commitments for the future.
- Academy of Dreamers Graduation Ceremony.

The programme will include options for other recreational and cultural activities, for example: sightseeing trips to nearby cities, hiking, visits to Adventure Parks, swimming in natural river pools and canoeing.

Youth Initiatives Dreamers

Outcomes:

Participants will understand the importance of youth participation within society and be able to put forward and develop their ideas. They will develop critical thinking skills, based on an open-minded and flexible understanding.

Young people will gain new and/or improved knowledge and skills:

Knowledge

- Ability to define key concepts including projects active participation in a project.
- Understanding the process from conception to realisation of an idea.
- A recognition of their "comfort zone" and the value of leaving it.
- Understanding and being able to implement two methodologies to create a project: Canvas and Dragon Dreaming.

Skills

- Being able to ask for help. -Participation. -Team work.
- Leadership skills. -Being able to give and follow instructions.
- Capacity to clearly explain ideas and how to respond to constructive criticism.
- Understanding how to organise and coordinate a group.
- Improved confidence in public speaking. -Better communication in English/Spanish.

Attitudes

- Taking a risk to create something new.
- Taking the initiative. -Respecting others opinions.
- Knowing how to include other people's ideas within yours.
- Tolerance and flexibility. -Respecting others and their points of view.

Schedule:

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Arrival	Dreaming vs. Doing	Cultural trip	Project creation methodologies	Outdoor activity	Evaluation of the mini-initiatives & plans for the future	Departure
	LUNCH!	LUNCH!	LUNCH!	LUNCH!	LUNCH!	
	Presentation of the program and ice-breakers	Teamwork & Roles in the group	Our previous initiatives & Creating ideas methodologies	Preparation of mini-initiatives	Implementati-on of mini-initiatives	
					Evaluation of the camp & Graduation ceremony	



Young Entrepreneurs Academy

If not you then who?

*Duration: 7 days
Recommended language level: A2 and above*

Background:

As an organisation with over 10 years of experience in youth work, we have seen an increasing number of young people coming to the end of their formal education without the skills they need to face the challenges of the job market. In order to respond to the current and future needs and challenges of our society we need young people who are creative, motivated, innovative and effective at decision making.

AJS, along with partners from England, Slovakia and Turkey, has developed an original programme teaching entrepreneurship to young people, based on the concept of the “Economy for the Common Good”, which promotes a socially conscious and sustainable approach to business. It consists of two levels, ten sessions per level. For the purpose of this camp, we have chosen the programme’s essential contents and activities, which give young people a taster of the full course and teach them the basic knowledge and skills they will need to develop as entrepreneurs.

Aims and activities:

The Young Entrepreneurs Academy uses a learner-centred approach to develop responsible entrepreneurship skills in young people. In particular, the course aims to:

Familiarise young people with the Economy for the Common Good (ECG), an economic model designed to promote a socially responsible and sustainable approach to business and offer opportunities for young people to reflect on the benefits and challenges of a model based on values such as social justice, transparency and environmental sustainability give young people the skills, knowledge and attitudes they need to become successful entrepreneurs.

During the Young Entrepreneurs Academy we will focus on:

- New models of entrepreneurship.*
- Social responsibility.*
- New economic models.*
- Entrepreneurial competence.*
- Creative and innovative thinking.*

Please Note

Each module is divided into two levels, Start-up and Ready-to-go. You should choose the level most appropriate for the level and experience of your students.

Young Entrepreneurs Academy

START UP

The Start-up sessions provide an introduction to entrepreneurship and the Economy for the Common Good and are designed to develop young people's creativity, capacity for problem solving and tenacity. The sessions will allow young people to reflect on their own aspirations and consider whether they have the motivation and drive to become successful entrepreneurs.

READY TO GO

The Ready-to-go sessions explore each topic in more detail and provide practical tools to turn what may only be an idea for a business into a viable and sustainable enterprise. Note that the Business Plan session has been split into two hour-long session plans: an introduction to using ECG within the context of a business plan, followed by the practical application of ECG values in relation to a real example. We recommend you read through both sessions, and consider using both Part One and Part Two.

The programme will include options for other recreational and cultural activities, for example: sightseeing trips to nearby cities, hiking, visits to Adventure Parks, swimming in natural river pools and canoeing.

In addition, as part of the Start-up programme each morning there will be a language workshop, focusing on vocabulary linked to the theme of the day, with the aim of facilitating communication and participation.

Outcomes:

Young people taking part in the programme will become aware of different entrepreneurship models and develop the knowledge and skills needed to become a successful entrepreneur. They will also have a chance to find out whether they have an 'entrepreneurial spirit'. All the activities will help improve their self-confidence and self-esteem.

Young people will gain new and/or improved Knowledge and skills:

Knowledge

- An understanding of the concepts of entrepreneurship, social entrepreneurship and the "Economy for the Common Good".
- Sustainability related to business practice.
- Knowledge of key concepts related to enterprise, including the business plan, profit and loss, and planning.
- Support tools and programmes for entrepreneurs in Europe.

Skills

- The ability to develop an idea from conception to implementation
- Communication skills. -Teamwork.
- Improved confidence when presenting ideas to an audience.
- Creative problem solving.
- Innovative thinking.
- Better communication skills in English/Spanish.

Attitudes

- Active and participative approach to working in a group.
- Respect for others opinions.
- A willingness to contribute.

Young Entrepreneurs Academy

Schedule:

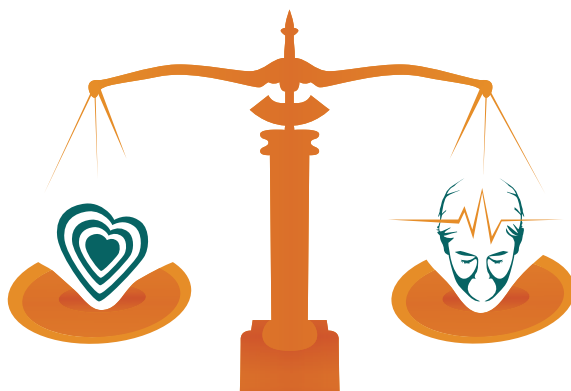
START UP

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Arrival	Linguistic workshop	Linguistic workshop	Linguistic workshop	Linguistic workshop	Sustainability in business planning	Departure
	Introduction	Economy for the Common Good	Creativity, Innovation & Problem solving	SWOT	Training & Funding opportunities	
	LUNCH!	LUNCH!	LUNCH!	LUNCH!	LUNCH!	
	Economy for the Common Good	Study visit to a local entrepreneur	Business plan 1	Outdoor activity	Final competition	
	Case study		Profit & Loss		Graduation ceremony	
Presentation of the program						

READY TO GO

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Arrival	Introduction	Creativity, Innovation & Problem solving	Business plan 2	SWOT	Training & Funding opportunities	Departure
	Economy for the Common Good	Business plan 1		Sustainability in business planning		
	LUNCH!	LUNCH!	LUNCH!	LUNCH!	LUNCH!	
Presentation of the program	Case study	Study visit to a local entrepreneur	Profit & Loss	Outdoor activity	Final competition	
	The ideal entrepreneur				Graduation ceremony	





Human Rights and Social Justice Academy

Open your mind!

Duration: 7 days
Recommended language level: A1 and above

Background:

Human rights guarantee every human being, without distinction, **dignity, freedom, equality, justice and peace** regardless of their race, colour, sex, language, religion, political views, national or social origin, property or other status. According to the United Nations, Human Rights:

“Ensure that a human being will be able to fully develop and use human qualities such as intelligence, talent and conscience, and satisfy his or her spiritual and other needs.”

Although a majority of people would naturally agree with these principles, when we examine our own attitudes more closely we may discover how we may unwittingly perpetuate social inequalities through cultural beliefs and social norms. It is time to open the debate and ask, honestly, how we promote Human Rights within our lives.

Aims and activities:

The aim of this programme is to strengthen young people's understanding of Human Rights, how they affect our lives and what happens when they are not respected. This camp will help young people examine their attitudes towards Human Rights and analyse how culture shapes our perception of our own rights and those of others.

Over the course of the Academy on Human Rights we will reflect on:

- The definitions of Human Rights and Social Justice in the context of the UN Declaration of Human Rights.
- The reality of Human Rights worldwide.
- How we place people in categories and act accordingly.
- How Human Rights and a lack of them affects our lives and those of others.
- How our attitudes, beliefs and norms are generated.
- How these affect our attitude towards Human Rights.
- How gender is culturally created and works as a system of norms and hierarchy, despite the Human Rights declaration.
- How a proper understanding of Human Rights helps people to act more equally towards each other.

The camp will also include activities of a recreational and cultural character, for example sightseeing trips to surrounding cities, hiking, visits to Adventure Parks, swimming and canoeing.

Human Rights and Social Justice Academy

In addition, each morning there will be a language workshop, focusing on vocabulary linked to the theme of the day, with the aim of facilitating communication and participation.

Outcomes: III

Young people will develop a more thorough knowledge of Human Rights and social mores of society. They will understand the importance of Human Rights and gain an insight into how their own beliefs and norms affect their respect of Human Rights.

Young people will gain new and/or improved knowledge and skills:

Knowledge

- Definition and history of the Declaration of Human Rights.
- An understanding of Social Justice as a concept.
- An appreciation of how our beliefs and norms affect our attitude towards Social Justice and how this can sometimes support structural inequalities.

Skills

- Communication skills. -Teamwork.
- Improved confidence when presenting ideas to an audience.
- Innovative thinking. -Better communication skills in English/Spanish.

Attitudes

- An active and participative approach to working in a group.
- Empathy and a respect for others' opinions.
- A willingness to analyse and challenge personal convictions, norms and beliefs and a willingness to adapt beliefs according to new knowledge acquired.

Schedule:

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Arrival	Linguistic workshop & Introduction session: Lemons & Human rights Quiz & Human rights in my life, My life line	Linguistic workshop & Our ideal society & Windmills simulation game	Linguistic workshop & Immigrant vs. Refugee & The passport	Linguistic workshop & NGOs working for human rights & NGOs' presentations	Linguistic workshop & Message to the world, Edition, Presentation	Departure
	LUNCH!	LUNCH!	LUNCH!	LUNCH!	LUNCH!	
	LUNCH!	Outdoor activity	Applying for residence & Video	Cultural / Creative Activity	Final competition & Graduation ceremony	
Presentation of the program	Lack of human rights					



No Hate Speech Academy

Where does the freedom of speech end?

Duration: 7 days

Recommended language level: A1 and above

Background:

The migration crisis and radicalisation of young people has led to an increase in so-called hate speech, feeding prejudice and negative stereotypes. The wide use of Internet, where people can comment anonymously, avoiding responsibility for our opinions only makes the situation worse. Young people are not only 'bystanders' to hate speech. Many are already victims, and some are perpetrators.

Prejudicial views are very difficult to change, because the power of prejudice frequently resists the test of reality. Because we tend to see reality from the perspective of our own convictions, we will often bend the facts accordingly. That is why stereotypes and prejudices need to be countered or balanced by facts and strategies which invite and motivate people to see other facets of the same reality and, hopefully, interpret them otherwise.

Hate speech is an attack on those who are often already vulnerable. It creates tension, embeds inequality and often leads to violence. The problem needs to be tackled, not only by raising awareness, but by teaching critical thinking and the capacity to evaluate the validity of information. Young people need to understand the dangers hate speech brings, but they also need to learn the conceptual tools that will allow them to react when confronted with prejudice. The No Hate Speech Academy will model a more respectful way of communication.

Aims and activities:

Over the course of the programme, young people will discuss why people resort to hate speech; its consequences; and how to respond to it in a constructive manner, challenging prejudice and promoting non-violent ways of communication and civil courage.

The group will begin by defining freedom of speech and discuss where freedom of speech ends and where hate speech begins. As the week goes on, we will discuss the roots of hate speech and examples from the participants' personal experience, such as bullying, cyberbullying and Internet safety issues. In addition, young people will learn about non-violent communication, and learn about the No Hate Speech Movement. In the final sessions, participants will think about actions and initiatives they can undertake to prevent hate speech in their schools and local communities. The programme will include options for other recreational and cultural activities, for example: sightseeing trips to nearby cities, hiking, visits to Adventure Parks, swimming in natural river pools and canoeing.

No Hate Speech Academy

In addition, each morning there will be a language workshop, focusing on vocabulary linked to the theme of the day, with the aim of facilitating communication and participation.

Outcomes:

Young people will learn how they can be more empathetic towards vulnerable groups and will be better able to challenge hate speech and encourage less violent ways of communication.

Young people will gain new and/or improved knowledge and skills:

Knowledge

- More awareness of the characteristics of hate speech.
- Awareness of the limitations of freedom of speech.
- Better knowledge of Internet safety.
- Awareness of non-violent communication. -Knowledge about the No Hate Speech Movement.

Skills

- Ability to communicate in a non-violent way. -Ability to ask for help in difficult situation.
- Ability to defend oneself and others.
- Ability to express opinions in a way that doesn't hurt anyone.
- Better communication skills in English/Spanish.

Attitudes

- More empathetic approach to vulnerable individuals and groups.
- More courage in taking action to counter hate speech.
- More tolerant, respectful and flexible. -Perseverance and resilience.

Schedule:

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Arrival	Linguistic workshop & Freedom of speech vs. No hate speech	Linguistic workshop & Online relations	Linguistic workshop & Giraffe language vs. Jackal language	Linguistic workshop & No Hate Speech Movement and campaigns	Linguistic workshop & What can we do?	Departure
	LUNCH!	LUNCH!	LUNCH!	LUNCH!	LUNCH!	
	Presentation of the program	Cultural Trip	Non-violent Communication in practice	Outdoor activity	Evaluation of the camp & Graduation ceremony	



Cultural Diversity Academy

Open your mind!

Duration: 7 days

Recommended language level: A1 and above

Background:

Our daily lives are increasingly affected by globalisation. Knowing how to communicate within a diverse cultural environment and learning how to deal with cultural differences have become indispensable skills. The Academy of Cultural Diversity is a week-long programme which allows young people to explore questions around cultural diversity: How are cultures constructed? How do other people perceive the world? How do we solve the problems that arise from different cultural values? The Academy is characterised by its innovative combination of practical workshops and linguistic support classes in either Spanish or English. Participants will enjoy an immersive learning experience, leading to a deep and lasting understanding of diversity!

Aims and activities:

The Academy of Cultural Diversity is designed to develop young people's perception of cultural diversity and intercultural communication and, at the same time, analyse how to prevent hate speech and violent radicalisation. Over the course of the week, young people will learn about intercultural understanding and how to cope with living in a diverse society.

During the Academy of Cultural Diversity we will reflect on:

- Definitions: of multiculturalism, interculturalism and cultural diversity.
- Intrinsic social and cultural attitudes.
- How we put people into categories and act accordingly.
- How our identities are defined in relation to each other.
- How we develop our attitudes, beliefs and norms and how these affect our lives.
- How gender is culturally constructed and works as a system of norms and hierarchy.
- What meaning we give to difference and how it affects our interaction with each other.
- How an insight into these issues helps you to act more equally towards others.

The programme will include options for other recreational and cultural activities, for example: sightseeing trips to nearby cities, hiking, visits to Adventure Parks, swimming in natural river pools and canoeing.

Cultural Diversity Academy

Outcomes: |||

Participants will be able to better understand and cope with cultural difference; understand the way we construct stereotypes and how societal attitudes affect our lives and the lives of those around us. They will be able to develop and lay the groundwork for creating a more peaceful and open-minded society.

Young people will gain new and/or improved knowledge and skills:

Knowledge

- Difference between multicultural and intercultural society.
- Gender as a cultural construct of norms and hierarchy.
- Construction of stereotypes and our perception of the reality.
- The meaning we give to differences and how it affects the structure of power.

Skills

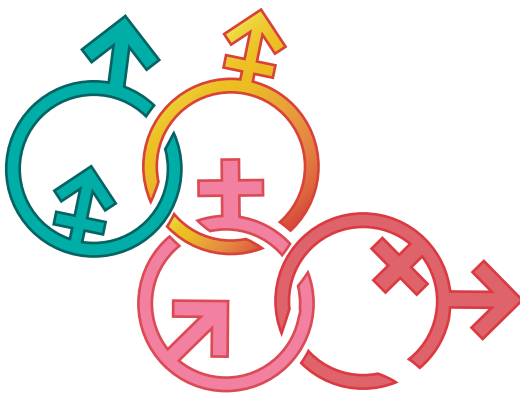
- Willingness to ask for help and participate.
- Ability to communicate. -Team work.
- Willingness to voice an opinion and defend ideas.
- Improved public speaking.
- Better communication skills in English/Spanish.

Attitudes

- An open-minded approach.
- Willingness to analyse personal convictions, norms and beliefs.
- Empathy. -Respect for others and different points of view.

Schedule:

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Arrival	Linguistic workshop & Team building session	Linguistic workshop & Mandala identity and intersectionality	Linguistic workshop & Cultural trip	Another perspective & Abigail's Story	Reshaping discrimination & Message to the world	Departure
	LUNCH!	LUNCH!	LUNCH!	LUNCH!	LUNCH!	
	Cultural Diversity Intro Voices from the past & Collective portraits & A world of diversity	Lose yourself & Cultural Artefacts & Opinion Game	Definitions DAE & Portraits	Outdoor activity	Final competition & Graduation ceremony	
Presentation of the program						



Gender Equality Academy

Discuss what can't be discussed!

Duration: 7 days

Recommended language level: A1 and above

Background:

Many of us learned in high school biology that sex chromosomes determine a baby's sex. Full stop. XX means a girl, XY means a boy. But XX and XY don't tell the whole story... Gender is an issue all over the world. How do we react to people who are different from us in ways society considers unique and fixed? How do we live in a society that ostensibly tolerates sexual diversity but does not wholly embrace it? How do we respond to definitions of gender that go beyond a binary understanding?

Aims and activities:

The Gender Equality Academy aims to:

- Analyse gender from a scientific perspective.*
- Explore gender differences, heteronormativity and our feelings/beliefs around it.*
- Talk about queer theory and breaking norms.*
- Reflect on how these ideas can be implemented in our lives.*
- Analyse mechanisms that lead to discrimination and how they can be changed.*

During the Gender Equality Academy we will reflect on:

- The concept of gender.*
- Sexual identity.*
- Gender socialisation.*
- Power relations based on gender.*
- Gender discrimination and how to challenge it.*

The programme will include options for other recreational and cultural activities, for example: sightseeing trips to nearby cities, hiking, visits to Adventure Parks, swimming in natural river pools and canoeing.

In addition, each morning there will be a language workshop, focusing on vocabulary linked to the theme of the day, with the aim of facilitating communication and participation.

Gender Equality Academy

Outcomes: |||

Young people will gain an understanding of gender from a scientific, social and emotional perspective. They will be given space to reflect on gender social construction, the understanding of gender in different countries and their own personal beliefs and opinions.

Young people will gain new and/or improved Knowledge and skills:

Knowledge

- Concept of gender. -Concept of homosexuality, transsexuality, asexuality, etc.
- Science versus gender identity. -How discrimination operates.
- Power structures based on gender construction.

Skills

- Ability to communicate feeling and opinions.
- Greater resilience in the face of discrimination and harassment.
- Ability to construct an argument and cope with criticism.
- Public speaking skills.
- Ability to follow an idea from inception into action.
- Better communication skills in English/Spanish.

Attitudes

- Empathy. -More open minded and tolerant.
- Active and willing to participate.
- Respect for other peoples' opinions.
- Willingness to change and to contribute.

Schedule:

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Arrival	Linguistic workshop & Team building session	Linguistic workshop & Gender socialisation & Abigail's story	Linguistic workshop & Our role models	Linguistic workshop & Power relations / Responding to harassment	Effective communication of feelings & Message to the world	Departure
	LUNCH!	LUNCH!	LUNCH!	LUNCH!	LUNCH!	
Presentation of the program	Mandala identity and intersectionality & Gender stereotyping	Cultural trip	Debate about gender and more & Science vs. Gender	Outdoor activity	Final competition & Graduation ceremony	



EXPRESSarte Academy

Express yourself!

*Duration: 7 days
Recommended language level: A1 and above*

Background:

Many young people are nervous about signing up for language camps, because they feel they need a minimum level of proficiency to take part. As a result, those who could benefit most from participation are often the most likely to self-exclude.

The EXPRESSarte Academy is designed as an inclusive, accessible programme of artistic activities, which allows young people to enjoy and explore their creative side, while simultaneously gaining confidence in another language.

Art is an international language, which speaks to everyone. It helps to break down language barriers and helps people from all over the world understand each other.

Aims and activities:

The Academy takes its inspiration from the muses of Greek mythology. Every day a different muse will preside over the camp and lead the activities. Through the exploration of different artforms, participants will work in small groups to prepare for their final task – a performance including at least two types of artistic expression, presented in front the group.

In addition, each morning there will be a language workshop, focusing on vocabulary linked to the theme of the day, with the aim of facilitating communication and participation.

The programme will include options for other recreational and cultural activities, for example: sightseeing trips to nearby cities, hiking, visits to Adventure Parks, swimming in natural river pools and canoeing..

Outcomes:

The programme will lead to improved self-confidence; with participants more willing to experiment, learn new things and express themselves creatively.

EXPRESSarte Academy

Young people will gain new and/or improved knowledge and skills:

Knowledge

- Basic information about the Greek artistic muses.
- Understanding different artforms:
Painting-Writing-Dance-Music-Theatre-Body painting-Singing.

Skills

- Greater emotional intelligence.
- Improved communication skills (speaking in public, expressing ideas and opinions, knowing how to listen, giving feedback, etc).
- Teamwork.
- Improved capacity for observation.
- Ability to work with and develop an idea from inception to implementation.
- Improved artistic skills.
- Organizational skills and group management.
- Improved language skills (English/Spanish).

Attitudes

- Improved self-esteem
- Ability to identify personal strengths and how best to develop them.
- Ability to develop and realize an idea.
- Perseverance.
- Resilience.
- Patience.

Schedule:

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Arrival	Linguistic workshop & Waking up the creativity	Linguistic workshop & Theatre workshop	Linguistic workshop & Painting a story/Writing a picture	Linguistic workshop & Outdoor activity	Linguistic workshop & Presentation of performances	Departure
	LUNCH!	LUNCH!	LUNCH!	LUNCH!	LUNCH!	
	Music workshop	Cultural Trip	Body-painting workshop	Preparation of the performances	Evaluation of the camp & Graduation ceremony	
Presentation of the program						

Price List

Promotion !

Spanish Language Course

Educamp of your choice 10 hours of spanish language classes combined with thematic sessions according to the EduCamp choice. The language classes will be given in the mornings and will be focussed on the vocabulary that the participants will need during the activities of that day. The content will be adapted to the general level of the participants. At the end of the EduCamp the participants will gain a better understanding and communication of the language Spanish and at the same time they will increase a greater awareness of the social topic related to their camp.

Accommodation with a host family

PAX	10+1	16+2	20+2	24+2	28+2
Cost per PAX	515€	415€	410€	390€	385€

Hotel accomodation

PAX	10+1	16+2	20+2	24+2	28+2
Cost per PAX	595€	500€	495€	470€	465€

- Groups that include young people below 18 need to be accompanied by adults.

Extra activities (optional)

- 5h extra of language classes - 1h/day 25€ / pax
(contact for more information)
- Excursion to the historical walled city of Ávila 35€ / pax
 - Mountain bike or canoe activity 20€ / pax
 - Adventure park 25€ / pax
 - Hiking in Sierra de Gredos 15€ / pax

Included

- Return transfer Madrid airport / Arenas.
 - Accommodation.
 - Meals.
 - Program activities.
 - Language course activity.
- Civil liability and accident insurance during the activities.

Not included

- Travel cost to Madrid.
- All cost not mentioned in "included" version



This project has been created by Asociación Jóvenes Solidarios.

Visit our webpages

www.educamps.ajovenes.es

www.ajovenes.es